

Omega Psi Phi Fraternity, Inc.



Theta Delta Alumni

Presents

“Brother, You’re on My Mind”

<i>What It Is</i>	<i>A community discussion on African American men and mental health</i>
<i>When It Is</i>	<i>Saturday, October 22, 2022 9:00 am – 11:00 am</i>
<i>Where It Is</i>	<i>First Baptist Church, North Street Natchitoches, LA</i>

As men, we often don’t share our actual feelings—we tend to mask them. Some of us can manage things okay and do fine. However, there are those of us who struggle with life’s challenges and need to know that we’re not alone.

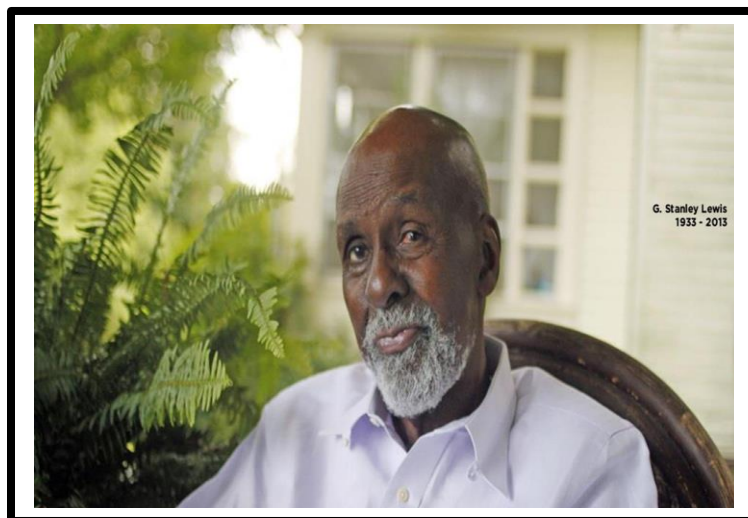
Our mission today is to help start conversations about mental health in African American men. We want you to:

- Be able to recognize the signs and symptoms of mental illness in African American men.*
- Understand the barriers to treating depression that are unique to African American men.*
- Know what you can do to help yourself and your loved ones.*

So, come out and share!



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Arrival, Sign In, Meet & Greet, Refreshments.....
Opening Prayer.....Brother Johnny Martin
Opening Remarks.....Brother Lonzo Morgan
“Brother, You’re on My Mind” Discussion.....
Brother Min. Dr. Michael Mays, LMFT, Facilitator
Bridge Builder Award Presentation.....Brother Odell L. Brown
Closing Remarks.....Pastor Bradlen Holden
Benediction.....Brother Walter Young, Jr.

